

# Adam M. Lang, DPM, AACFAS

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## TRAINING AND EDUCATION

### Fellowship

2014-2015     **ACFAS Recognized Fellowship in Reconstructive Foot & Ankle Surgery**  
**Professional Education and Research Institute, Carilion Roanoke Memorial Hospital, HCA Lewis Gale Medical Center Roanoke, VA. Director: Charles M. Zelen, DPM, FACFAS**

### Residency

2011-2014     **University Hospital - UMDNJ – Newark, NJ**  
**Principal Teaching hospital of Rutgers University – New Jersey Medical School**  
**Podiatric Medicine and Surgery Residency with Reconstructive Rearfoot and Ankle (PMSR/RRA)**

### Graduate Education

2007-2011     **Des Moines University – College of Podiatric Medicine and Surgery – Des Moines, IA**  
**Doctor of Podiatric Medicine Degree**

### Undergraduate Education

2002-2006     **Ithaca College – Ithaca, NY**  
**Bachelor of Science in Exercise Science**

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## BOARD CERTIFICATION AND LICENSURE

2009            National Board of Podiatric Medical Examiners Part I  
2011            National Board of Podiatric Medical Examiners Part II  
2013            National Board of Podiatric Medical Examiners Part III  
2013            Licensed Podiatric Physician in the State of Pennsylvania  
2014            Licensed Podiatric Physician in the State of Virginia  
2014            American Board of Foot & Ankle Surgery – Board Qualified in Foot Surgery  
2015            American Board of Foot & Ankle Surgery – Board Qualified in Reconstructive Rearfoot/Ankle  
2015            Licensed Podiatric Physician in the State of Massachusetts

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## HONORS & AWARDS

2011     Des Moines University-College of Podiatric Medicine and Surgery Research Award

2009     American College of Foot and Ankle Orthopedics and Medicine 2nd Place Award in Scientific Abstract Competition for: **“Load Effect on Metatarsus Adductus Angle”**. July 2009 – Orlando, FL

2009     APMA Conference Resident/Student Category 3rd Place Award in Poster Abstract Competition for: **“Load Deformation Evaluation of Lateral Radiographic Foot Measurements”**. August 2009 – Toronto, CA

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## ADDITIONAL TRAINING/CME

2017     Integra Course on Local Flaps for Complex Wounds- Boston Bioskills Lab – Boston, MA – April 29  
2017     MPMS Spring Meeting – Massachusetts Medical Society – Burlington, MA – April 8<sup>th</sup>  
2016     Jingle Bones Conference – Mount Auburn Hospital, Cambridge, MA – December 9-11  
2016     ACFAS Annual Scientific Conference – Austin, TX – February 11-14  
2015     APMA Region One/Podiatry Institute Annual Conference – Quincy, MA – October 16-18  
2015     Wright Medical Podiatric Fellows Course – M.E.R.I. Lab – Memphis, TN – March 6-7  
2015     ACFAS Annual Scientific Conference – Phoenix, AZ – February 19-22  
2015     Derma Sciences Scientific Investigator Meeting – Philadelphia, PA – February 1-2  
2014     ACFAS Annual Scientific Conference – Orlando, FL – February 27-March 2  
2014     ACFAS Advanced Tendon Repair and Fixation -Orlando, FL – February 26  
2013     ACFAS Foot & Ankle Arthroscopy Surgical Skills Course – Orthopaedic Learning Center - Rosemont, IL – August 3-4  
2013     AO Podiatric Advanced Surgical Skills Course – The Podiatry Institute – New Orleans, LA – February  
2012     AO Podiatric Basic Surgical Skills Course - The Podiatry Institute – Ft. Myers, FL – September

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## RESEARCH AND PUBLICATIONS

- Lang AM, Carter MJ, Zelen CM, Poka, A, Tacktil JZ. **Prospective Clinical-Surgical Evaluation of Safety and Efficacy of Acellular Human-Dermis in the Repair of Tendon-Ligaments of the Foot and Ankle**  
Foot & Ankle Orthopaedics, Sept 2016-Dec 2016; vol. 1, no. 1. Open access.
- Zelen CM; Kaufman J; Lang AM. **Use of AlloPatch Pliable, a Human Acellular Dermal Matrix, as an Adjunctive Therapy for Chronic Non-Healing Diabetic Foot Ulcers: Case Studies and Clinical Review**  
White paper published in 2016 by Musculoskeletal Transplant Foundation-Wound Care – Edison, NJ
- Zelen CM, Serena T; Gould L; Lang AM; Feeney J; Carter M; Li WW. **A Prospective, Randomized, Controlled, Multi-Center Comparative Effectiveness Study of Healing Using Dehydrated Human Amnion/Chorion Membrane Allograft, Bioengineered Skin Substitute, or Standard of Care for Treatment of Chronic Diabetic Lower Extremity Ulcers.** Poster presentation at the American College of Foot and Ankle Surgeons Scientific Conference – Phoenix, AZ – February 2015
- Jay RM, Landsman A, Huish JP, Zelen CM, Garrett P, Trepal M, Hopsen M, Lang AM, Malay DS. **Prospective Randomized Multicenter Comparative Effectiveness Study Comparing; Two Component Modular Digital Implant Versus K-Wire Fixation For Surgical Correction of Hammertoes.**  
<http://www.nextremitysolutions.com/clinicalstudy/>
- Lang AM, Wallace GF, Cook K, Healey K, Labib I. **The Diagnosis of Acute Compartment Syndrome of the Foot: A Critical Review of an Academic Health Science Center Experience.** Poster Presentation at the American College of Foot and Ankle Surgeons Scientific Conference - Orlando, Florida – March 2014
- Lang AM, Satterfield K, Steinberg J. **When There Are Acute Changes in Mental Status in Patients With Diabetes**  
Podiatry Today. Vol. 23, Issue 3: 16-23. March 2010.
- Nguyen T, Lang AM, Bennett J, Vardaxis V. **Load Deformation Evaluation of Lateral Radiographic Foot Measurements.** JAPMA. Vol. 100, No. 1: 83-85. January 2010.
- Lang AM, Nguyen T, Bennett J, Vardaxis V. **Load Effect on Metatarsus Adductus Angle.** The Foot. Vol. 19, Issue 4: 239. December 2009.

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## ORGANIZATIONS

Massachusetts Podiatric Medical Society: 2015 – present  
American College of Foot & Ankle Surgeons: 2011- present; Associate (AACFAS): 2015 – present  
American Podiatric Medical Association: 2011 – present

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## LECTURES AND PRESENTATIONS

- **“Equinus Deformity in the Diabetic Foot and Ankle: Biomechanics and Current Treatments”**  
Massachusetts Podiatric Medical Association Spring Meeting- Burlington, MA – April 8th, 2017
- **“Subtalar Joint Fusions: Surgical Pearls”-** New England Podiatric Surgical Residency Forum: The Hindfoot – Cadaveric Surgical Didactic Course- Providence, RI- November 12, 2016; Guest Lecturer and Table Instructor
- **“Achilles Tendon Lengthenings and Gastroc Recessions”-** New England Podiatric Surgical Residency Forum: The Hindfoot – Cadaveric Surgical Didactic Course - Providence, RI- November 12, 2016; Guest Lecturer and Table Instructor
- **“Load Effect on Metatarsus Adductus Angle”** -Podium Presentation at the American College of Foot and Ankle Orthopedics and Medicine July 2009 National Conference – Orlando, FL

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## PERSONAL

- CLINICAL INTERESTS: Diabetic Limb Salvage, Charcot Reconstruction, Wound Care – conservative and surgical reconstruction, Arthroscopy, Flat-Foot Reconstruction, Deformity Correction, Revisional Surgery, Foot & Ankle Trauma; Research
- Hobbies: Musician (trombone, piano, guitar, bass guitar), Alpine Skiing and Snowboarding, Part-time Ski Instructor at Nashoba Valley Ski Area, Running, Mountain Climbing, Cycling