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## **Education**

**1999. Doctor of Podiatric Medicine; BS, Biological Science**  
William Scholl College of Podiatric Medicine, Chicago, IL

**1995. Masters of Science in Biological Sciences**  
Purdue University, Indianapolis, IN

**1994. Bachelor of Science in Chemistry, Cum Laude**  
Butler University, Indianapolis, IN

## **Residency Training**

**2001. Podiatric Surgical Resident, Catholic Health Partners**  
St. Joseph's Hospital, Chicago, IL

**2000. Rotating Podiatric Resident**  
North Chicago Veterans Administration Hospital, Chicago, IL

## **Board Certification**

**American Board of Lower Extremity Surgery-Medicine**

## **Board Qualification**

**American Board of Lower Extremity Surgery-Surgery**

## **Employment**

**2009-present Advanced Physical Medicine, Oak Park/Chicago, IL**

**2002-2015 JB Jenkins and Associates, Chicago, IL**

**2004-2015 Rosalind Franklin University, Scholl College of Podiatric Medicine, North Chicago, IL**

**2000-2003 Medical Specialists, Hoffman Estates, IL**

## **Professional Affiliations**

**1995-present Illinois Podiatric Medical Association**  
**1995-present American Podiatric Medical Association**  
**2009-present American Association of Podiatric Practice Management**  
**2012-present Oak Park River Forest Chamber of Commerce**  
**2016-present American College of Foot and Ankle Pediatrics**  
**2016-present Board Member, Oak Park River Forest Chamber of Commerce**

#### **Community Service**

**2009-2011 West Suburban PADS, podiatric care**  
**2012-present Oak Park River Forest Chamber Commerce Marketing Committee**  
**2013-present Horace Mann Octoberfest fundraising volunteer**  
**2013-present Horace Mann Room Parent Volunteer**  
**2013-2014 Horace Mann Computer Lab Volunteer**  
**2014-present Co-Chair Oak Park River Forest Chamber Commerce, Health & Wellness Committee**  
**2015-present Co-Chair Oak Park River Forest Chamber Health & Wellness Expo**  
**2015-present Co-Chair Horace Mann PTO Green Team**  
**2015-present Rotary Club of Oak Park River Forest**

#### **Publications**

**Bender MA. Women's Foot Complaints. J Watch Women's Health 2008 Dec:13:93.**