

PRE-SURGICAL INSTRUCTIONS

Please follow ALL instructions carefully.

1. Pre-admission tests should be completed **within 30 days** of your surgery date.
2. Do **NOT** eat or drink **anything** after midnight before your surgery or eight hours before your pre-admission tests. No gum or candy of any kind is allowed.

If you have accidentally taken any medications, supplements, or eaten food that you should not have please contact us immediately at (201) 488-7577.

3. The hospital or Surgicenter will notify you of your admission time. Please be at the Admissions Office on time.
4. You should make arrangements to get to and from the hospital or Surgicenter. Driving is not advisable.
5. An anesthesiologist will be required for sedation anesthesia; if a local anesthesia is used, Dr. Morin or Dr. Blanco will administer it themselves.
6. Please be sure all questions regarding your surgery have been answered prior to surgery.
7. Continue taking prescribed medication the day of surgery, unless otherwise instructed. A small sip of water is permitted to take your medication after midnight the day of your surgery. Please try to arrange taking of medication prior to midnight if possible.
8. Please remove all jewelry and nail polish before arriving at the hospital the morning of your surgery.
9. Our office is always available to help you with any problems you may encounter.

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