

June 2011

Foot Care Tips for Summer

Summer will soon be here. With the warmer weather, we are all more likely to show off our feet, either in sandals, at the pool or at the beach. While you may be tempted to get a pedicure, keep the following tips in mind. There is a risk of developing a fungal or bacterial infection from shared foot baths or instruments. Always use your own instruments to prevent transfer of bacteria or fungus. Toenails should be cut straight across to decrease the chance of ingrown toenails. If you should develop this problem, a simple in-office procedure can provide relief of your pain. Don't use a razor to remove calluses or thick, dried skin. If too much skin is removed, it can result in pain or infection. If you have thick or discolored toenails, don't hide them under nail polish. Woodbury Foot Care Centre has treatment options to help safely and effectively treat your foot needs. Let us help you get your feet ready for summer.



Dr. Amy Herskowitz named "Top Doc" by South Jersey Magazine, recognizing her as one of the top podiatrists in Southern New Jersey.

What's new at Woodbury Foot Care Centre??



The newest treatment for peripheral arterial disease! Are you experiencing poor circulation? Heel or arch pain? Discoloration of toes or foot? Ankle swelling or stiffness? Pain in legs or feet? Burning? Numbness?

8–12 million Americans have peripheral arterial disease (P. A.D.) without proper treatment, and 30% are likely to die within five years of P.A.D.-related symptoms, like heart attack or stroke. Those numbers can be significantly decreased by connecting with a podiatric physician at Woodbury Foot Care Centre and have the PADnet Arterial Testing performed.

At Woodbury Foot Care Centre, we are connected with a vascular specialist to optimize collaborative patient care with the use of the PADnet machine.

At Woodbury Foot Care Centre we can now perform this special test to obtain ankle brachial index, and our vascular specialist is able to read this exam quickly and accurately. This test is pain-free and only takes 15–20 minutes.

If you would like to get rid of or reduce these problems, please feel free to call Woodbury Foot Care Centre today for an evaluation and testing. Call 856-384-1333 for any one of our physicians to perform this latest pain-free test.

OUR OFFICES:

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722 Mantua Pike, Ste. 8
Woodbury Heights, NJ
08097
856-384-1333
856-384-1297 fax



Voorhees Office
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856-770-1313



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laser therapy.

Dr. Herskowitz Takes Women's Low Gross Honors at the Underwood Memorial Hospital Golf Classic.



We LOVE Referrals!

We know you are giving us a vote of confidence every time you recommend and refer us to your friends or a family member. Thank you so much! We appreciate your trust in our doctors and staff.

Because of the many referrals we get from our patients, our practice is growing and expanding. We couldn't have done it without you! To all of you who have referred someone to us, we say "Thanks!" from all of us.

Thank you - Thank you - Thank you!

Welcome to our New Patients!

To all our new patients at Woodbury Foot Care Centre and Herskowitz Podiatry, we'd like to give you an official "Welcome!" We know you have a choice when it comes to your health care, and we're honored that you chose us. We will make every effort every time we see you to not only meet your expectations, but to exceed them. We want to assure you that you've made the right choice when you put your trust in us. Welcome to the family!

Voorhees Memorial Day Soccer Tournament



Dr. Herskowitz was busy enjoying the Voorhees Memorial Day Soccer Tournament. Here are some pictures of the wonderful weekend.

Our Doctors



Dr. Amy B. Herskowitz



Dr. Lisa Dreyfuss



Dr. Cheryl Wisniewski

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