



Spring Valley Podiatry

MEDICAL & SURGICAL CARE OF THE FOOT AND ANKLE

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PRE-OPERATIVE INSTRUCTIONS FOR FOOT SURGERY

- 1 Schedule an appointment with your primary physician for your pre-op testing: History & Physical ____, Labs ____, EKG ____. The tests must be "within" 30 days of the date of your surgery.
- 2 It is your responsibility to bring all pre-op results to our office by : _____
- 3 Consult with your primary physician regarding all medications (including over the counter medications) and vitamins, prior to your surgery. Double check with your prescribing physician regarding morning medications and whether you should take them on the morning of your surgery. Aspirin products typically need to be discontinued at least 5 days prior to your surgery.
- 4 Regarding surgical coverage, it is to your advantage to call your insurance company. "If" your insurance requires a referral it is your responsibility to obtain one from you primary doctor. It can be faxed to 202-362-3330.
- 5 Arrange for transportation to and from the hospital or surgery center. A TAXI IS NOT ACCEPTABLE.
- 6 If you are having IV Sedation or General Anesthesia you cannot have anything to eat, drink or smoke 8 hours prior to the time of surgery.
- 7 Surgery has been scheduled on: _____ @ _____
arrive by _____ am / pm.
- 8 Should you choose to cancel surgery, you must call our office giving 24 hour notice, otherwise there will be a charge.